

# Suicide Prevention Newsletter

Suicide Prevention Coalition of Iowa County WI

February, 2018

## EVENTS

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### Camp Hope for Children

Adults (separate camp)

May 19 – 20, 2018

May 1<sup>st</sup> deadline to register  
FREE- weekend where children are brought together to work through the grieving process after a loved one dies. Through fun, sharing their pain and supporting each other, the children are shown that their emotions are a normal part of grief.

<https://www.camphopeforkids.org/adult-camp>

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### Iowa-Grant Boys BBall

Friday, Feb. 16

VS Cuba City Suicide  
Awareness Night.

Varsity Reserve 6:00pm

Varsity 8:00pm

## TRAININGS

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### Promoting Resilience & Hope to Prevent Suicide April 13, 2018

Pre-conf. training April 12  
Kalahari Conf. Center  
Sponsor: Prevent Suicide WI

[www.preventsuicidewi.org/conference.aspx](http://www.preventsuicidewi.org/conference.aspx)

CEU available upon request!

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## February is Random Act of Kindness Month

### February 17 is Random Act of Kindness Day.

**Grant Money Available---** 1 year of support groups. Submit your proposal for a need in your school/community via [www.suicide-iowacountywi.org](http://www.suicide-iowacountywi.org) the grant can be for youth, and/or family member with a focus of suicide prevention, post-vention, or families with failed attempts. Would like to start the programs chosen January 2018.

### Teaching About Suicide Resources:

Go to our website and click on "Teaching about Suicide" to learn more: [www.Suicide-IowaCountyWI.org](http://www.Suicide-IowaCountyWI.org)

## Suicide Memorial Walk

Looking for TEAMS!

Wednesday, July 4<sup>th</sup> Ridgeway, WI park.

Registration: [www.suicide-iowacountywi.org](http://www.suicide-iowacountywi.org)

### **QPR Trainings**

Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is 3 easy steps anyone can learn in the 1.5 -2 hour training.

To set up a QPR Training in your School or community. [SPICWI@gmail.com](mailto:SPICWI@gmail.com) or find a QPR Trainer near you <http://www.preventsuicidewi.org/training-education>

## Sports Night, Suicide Awareness!!

Now is the time set a date for hosting a suicide Prevention Awareness Night at your school during a home game!!

It is a fun and super easy way to break down stigmas and spread awareness. I give you everything you need!!

**Contact Information** • [SPICWI@gmail.com](mailto:SPICWI@gmail.com)

