

# Suicide Prevention Newsletter

Suicide Prevention Coalition of Iowa County WI

November, 2018

## Events

...

### SOS Meetings

2<sup>nd</sup> Thursday of each month  
Survivor of Suicide Peer  
Support Group  
Dodgeville. 303W. Chapel St

...

### Veteran Peer Support Group

3<sup>rd</sup> Thursday of each month.  
9:00am Facilitated by David  
Hosking, Veterans Outreach  
Specialist. Upland Hills  
Health 800 Compassion  
Way, Dodgeville. Food from  
Cafe is served.

...

### International Survivors of Suicide Loss Day

**November 17, 2018**

**\$15 per adult**

9:00 a.m. – 12:15 p.m. Journey  
Mental Health Center 25 Kessel  
Ct. -Lower Level (Elevator  
available) Madison, Wisconsin  
Free parking in front of building

SOS phone 608-280-2435 or  
email [sos@journeymhc.org](mailto:sos@journeymhc.org)  
Additional information at  
[www.journeymhc.org](http://www.journeymhc.org) or  
[www.afsp.org](http://www.afsp.org)

## TRAININGS

...

### Webinars

[www.suicide-iowacountywi.org](http://www.suicide-iowacountywi.org)  
“Learn More”

...

## Thank You...

- Thank you to everyone that organized and attended the Mental Health Summit at UW Platteville on Tuesday, October 23 and are working toward improving their communities.
- **SWCAP** for securing a \$5000 to air the farm focused Public Service Announcement. As part of a \$50,000 grant to focus on farmer suicide prevention in 10 Wisconsin counties.

## Gun Lock Event

Contact your local police department to set up a community wide gun lock safety event. Suicide handouts can be printed from [www.Suicide-iowacountywi.org](http://www.Suicide-iowacountywi.org) click on “Teaching about Suicide” scroll down to “Sports Nights Dedicated to Suicide Prevention”. If you have the equipment, loop the public service announcement from the right hand column under “Ideas – Public Service Announcements”. If you want pens, bracelets, brochures or temporary tattoos to hand out e-mail: [SPCICWI@gmail.com](mailto:SPCICWI@gmail.com)

## Get something going in your Community/ School

- **Teal Suicide Prevention T-Shirt on Saturday November 17** for National Suicide Survivors Remembrance Day.  
  
Order your Teal Suicide Prevention T-shirts (\$5) on [www.suicide-iowacountywi.org](http://www.suicide-iowacountywi.org) click on the menu choice at the top of the page “Community Campaign T-shirt Order” and put your order in for the employees where you work or family & neighbors. Order Deadline by **November 7 @ 5pm**
- **Richland Center Hospital – Friday, November 30, 2018**  
Times TBA. 333 East 2nd Street Richland Center, WI 53581  
Grief around the holidays and QPR. Contact: Christina Drea
- **Sauk City – Tuesday, November 13 7:00-8:00pm.** Hosting a Traumatic and Complicated (Overdose or Suicide) Grief Support Group. 821 Industry Dr. Sauk City, WI (6:8 Building)
- **Grace Lutheran Church – Sunday, December 16, 2018 @ 9:25am** 1105 N Bequette St Dodgeville, WI 53533  
  
9:25am-10:20am will have a presentation focused on Suicide Prevention and how stress affects you.